It’s a format that’s been a worldwide sensation – so why not apply the principles of I’m a Celebrity… Get Me Out of Here! to research scientists and help children build more ‘science capital’? I’m a Scientist, Get Me Out of Here, developed by Shane McCracken, connects scientists directly with schools to help young people engage with STEM subjects and social sciences – and possibly discover that science is something they might want to get in to.

It’s half as likely to get visited by a scientist as a school within ‘15 minutes’ drive. That contributes to a wider lack of engagement in young people who are lacking in ‘science capital’, the concept that a broad exposure to science at home, in school and through the media contributes to a feeling in young people that science is for ‘people like me’.

Shane McCracken, science enthusiast and the creator of I’m a Scientist, Get Me Out of Here (IAS) discovered that if a school is 30 minutes’ drive away or more from a research-based university, the young people were going to be more comfortable... and it just worked. Off we went. We had a quarter of UK councils taking part.

And how did it develop into IAS? One of my employees, Sophia Collins, had just done a Master’s in Science Communication. The National Curriculum had changed to include elements of how science works and teachers were struggling to find decent resources. Sophia suggested what we were doing would work brilliantly with science and scientists, and so we applied for funding from the Wellcome Trust to pilot this and they said yes. They’ve been saying yes ever since.

We wanted to reverse the usual power structures and put it into a cultural and media context where the young people were going to be more comfortable... and it just worked.

We talked to Shane about the experience of IAS for children and for scientists, and the vital role of science capital, both for fledgling scientists themselves and for the broader future of scientific research.

Shane, could you tell us more about how IAS started?

It started as a development from a previous project, I’m a Councillor, Get Me Out of Here, in which we set up a website where kids had the chance to vote and tell local councillors what they thought of them. We wanted to reverse the usual power structures and put it into a cultural and media context where the young people were going to be more comfortable... and it just worked. Off we went. We had a quarter of UK councils taking part.

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The ASPIRES project, a ten-year study into the way young people perceive STEM subjects, has informed your perception of ‘science capital’ – can you tell us more about that?

ASPIRES tells us the older the kids get, and the less they talk about science at home, in school and through the media contributes to a feeling in young people that science is for ‘people like me’.

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We’ve been working with ASPIRES researcher Dr Jen DeWitt; she’s been running focus groups with students, interviewing teachers and analysing online activity. Traditionally, teachers have tried to make science relevant to the real world. They’ll teach about, for example, how hot, expanding gases coming out of a rocket power it into space. But that’s not personally relevant to the lives of most kids, even if they do find it interesting. Rockets are not that relevant to their daily lives. To address this, we try to bring a focus on science capital and use that to inform our approach. We emphasise making the experience personally relevant and make sure our event is totally student-led.

How do children get involved?

Schools sign up on the website. We select them based firstly on the distance they are from their nearest research-intensive university and secondly, on the proportion of free school meals; it’s an economic deprivation-based target.

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What’s the IAS experience like for kids?

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so that they can come on with their parents. I suspect we’re still getting more middle-class parents, but it’s a start and it will snowball. Then the kids and vote for the scientist they want to win.

How do you select the scientists who take part?
Scientists sign up to show interest, and we’ll then allocate them to zones based on two things. Firstly, we ask for a one-sentence description of their work, and we get students and teachers to rate that based on how interested they’d be in having them in. Secondly, we ensure every zone has three women, three men and that there’s a decent ethnic mix, a good geographical spread, a spread of ages and of disciplines because that way, we can give kids a greater diversity of scientists to connect with. We’re helping kids think science could be for them, thinking that they could be part of that tribe of scientists, thinking that they aren’t weird lab rats being antisocial and not being able to talk to people. They are seeing them as normal, cool, pizza-consuming people. We have a waiting list of scientists wanting to be involved!

How does the IAS format improve inclusivity?
The scientists see an extra element that the students don’t see: on the live chat there is a number next to each student indicating the number of times that student has had an answer from a scientist in that chat.

The tendency is that if you’re a confident, articulate kid, you ask a bunch of interesting questions, but the shyer kids are less engaged… if you answer their questions though, they become engaged. They feel, “Someone’s listening to me. They’re interested in my opinions. Actually, this science thing is okay.” A teacher was explaining how taking part in IAS changed his class dynamics; in the live chats, the less confident kids were asking these fascinating questions and the confident kids were going around saying, “Who asked that? Who was that? Wow.”

Can you tell us about some of your alumni?
Dr Ceri Brenner, a physicist who works in the central laser facility at Rutherford Appleton Laboratory, was taking part in IAS during her PhD. Over the two weeks she was asked countless times, “What do you do?” and she honed the description down tighter and tighter, and five years later, she still uses that description.

Dr Suzi Gage is a psychologist working on drugs. With her winnings, she started this wonderful podcast called Why to Drugs with poet and musician Scroobius Pip. The tagline for it goes, “This is not pro-drugs, this is not anti-drugs, this is pro-truth.” And Suzi will tell you, it all started with IAS.

Dr Julian Rayner is a more senior scientist, in age and in status. He won IAS. He works on malaria up at the Wellcome Genome Campus at Hinxton. His winner’s certificate is on his wall next to his Nature front cover, and he’ll tell you, if you call him, that taking part in IAS was a life-changing experience.

In terms of UK funding, do people see the importance of building that science capital?
More and more funders are aware of science capital research and its importance, and their funding guidelines state it should be addressed. How that translates into the actual funding of larger projects is less clear… but I think the direction is good; funders are recognising that in the past we’ve been preaching to the converted, reaching the kids with already high science capital. They recognise the social justice in reaching the kids who haven’t had the same chances.

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Why to Drugs with poet and musician Scroobius Pip

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